



My Story

Recognize

Recognize that God is producing and directing spiritual story lines as you respond and react to situations.

Title

Title of this story.

Identify a time in your life when you know the Lord was doing a mighty work in your heart. It may have been a problem or dilemma, a change, a time of suffering, a conflict, even a time of renewal or opportunity. It may be a whole season, or perhaps it's only one scene. You probably already have a title for this story in your head, like "That Time I Moved to Colorado" or "The Flat Tire."

Recall

Spotting the everyday miracles in our mundane moments inspires hope in us and others. Jot down the details of this episode so you can *recall* specific incidents of God's grace.

Timeline

Dates, age range, season of year or of life

When did this happen? Was it a singular event, or a season in your life?

Characters

Cast of characters

Who were the people involved in your story?

Location

Country, state, city, or just a simple location

Where did this take place?

Event

There are lots of other opportunities on this page to record specifics, you can keep this top-level if you'd like.

What happened?

Influences

Outside influence or cultural impacts

What else was happening in your life or in the world that influenced the situation?

Timeliness

God's perfect provision just when you needed it.

What timely revelations, solutions, or encounters did God provide during this event?

Reapply

Your story becomes a living, breathing narrative that will be useful in other circumstances as you *reapply* what you've learned.

Lessons

How have you grown?

What did God teach you through your own story?

Reapplication

Other times this lesson has been useful.

How has that lesson lingered, or been reapplied to other scenarios?

Scripture

List references here, or copy/paste entire verses.

Which Scriptures were most meaningful to you at that time?

Songs

Your personal playlist.

What songs did you have on repeat?

Release

Give your story a little thought and a lot of prayer as you release it to the world.

What to leave in:

Facts

Facts and figures

What facts do you want to include to make your story credible? Listing them here helps you avoid irrelevant or distracting details.

Feelings

What were you feeling?

How did this make you feel? Don't filter your emotions here, just recall the intensity of what you experienced. Emotion makes your story stick.

Mistakes

This is your blooper reel

Leave in the embarrassing blunders and bloopers without sugarcoating your testimony. The awkward parts make your story relatable.

What to leave out:

The Innocent

Who will you leave out of your story?

Don't share personal, embarrassing, or confidential details about someone else. Don't say anything you wouldn't say in front of them. Ask permission if needed.

The Guilty

Whose sins should you skip over?

Leave room for redemption and the possibility of reconciliation. Ask yourself if what you're sharing would be helpful or harmful.

Gory Details

What will you omit? You can use shorthand only you will understand.

Leave out your bodily functions, sex life, and surgical procedures. Keep it dinner-table clean.

Lewdness

How will you phrase parts of your story that may stir others' imagination?

Don't let your story lead someone into temptation. Don't glorify your sin, and don't make it funny.

When to Shut Up:

If you can check either of these boxes, it may not be time to release your story yet:

- Do you still seethe with bitterness, anger, or resentment?
- Does your listener need more sympathy and empathy as she takes time to process her own story?

My Story

To save your story and have it sent to you in a format that you can save and print, please provide your email address. Your address will never be shared or sold.

When to Speak Up:

If you can check either of these boxes, it may be time to release your story now:

- Does your story point to the gospel story of God's redemption, grace, and mercy?
- Does your listener desperately need hope to hold on to as her own story unfolds?

Email

not applicable on print version